## Let's Embrace Race Cards



## Let's face it.

Many of us are apprehensive when it comes to discussing race. We avoid the topic in the hopes that we'll never need to address it head on. This may seem effective but is harmful to our places of work, leisure and even our very own homes. Misunderstandings, underachievement, and strained relationships are just some of the things that can occur when we choose to avoid the race conversation.

Avoidance may come down to a fear of misspeaking, sounding racist or unintentionally doing harm but what if the topic of race was made easier to discuss?

The Let's Embrace Race Cards consists of 49 affirmations which were designed to encourage participants to engage in a race conversation which broadens their understanding whilst enabling collective learning to take place.

Benefits of using The Let's Embrace Race Cards include:

- A broadened understanding of race
- Learning more about yourself and others
- An increased self-awareness in relation to race
- Understanding of personal resistances
- Reflection on what race means to you, family, teams peers and friends

Discuss, reflect, and learn about race with The Let's Embrace Race Cards. The race conversation should no longer be feared but embraced with an open mind and willingness to understand. Racism is a complex issue that no one person can conquer alone. Investing in The Let's Race Embrace Cards is truly a great first step.